

When do you need to keep your child off school or nursery

Would you have kept your child off school before COVID-19?



YES

Keep your child off school as you normally would do. Visit Frimley Healthier Together for symptom specific advice.



Do they have any of these symptoms?

NO

Do they have:

- 1) A new continuous cough? **OR**
- 2) A fever (high temperature greater than 37.8 degrees measured by a thermometer)? **OR**
- 3) A complete loss or change of smell and/or taste?

YES

Keep your child off school and at home. Call 119 or go to the www.gov.uk/coronavirus website and arrange for a COVID-19 PCR test to be done. (Please note your GP and A&E cannot arrange a test). A lateral flow test is NOT sufficient.

Your child and your household (unless exempt) must self-isolate until you have the result of this test.

POSITIVE COVID PCR TEST:

Please follow the Government guidelines for isolation and contact tracing www.gov.uk/coronavirus Fortunately, children are rarely severely affected by COVID

For medical advice follow the symptom guide below.

Coronavirus information: frimley-healthiertogether.nhs.uk/parentscarers/covid-19/



NEGATIVE COVID PCR TEST:

If well and no longer have a fever they can return to school or nursery.

Do not need to see a doctor prior to return.

NO
Children who are otherwise well and don't have a fever but do have:
A runny nose **OR** sore throat **OR** mild cold without a fever **can go to school as normal**
You do not need to see a doctor to return to school or nursery.

- **A new continuous cough** - this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours
- **A loss or change to sense of smell or taste** - this means they cannot smell or taste anything or things smell or taste different to normal

Useful Links

Should my child go to nursery or school?

frimleyhealthiertogether.nhs.uk/parents-carers/child-unwell-ok-go-nurseryschool



More information if your child is unwell:

frimley-healthiertogether.nhs.uk/parentscarers/worried-your-child-unwell



Isolation exemption

www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/



PCR tests:

Book if your child has ANY of the 3 symptoms listed on the left. If negative, they can stop isolating and return to school/nursery if well and have no fever - as long as there are no other requirements for isolation as per the current government guidelines.

Lateral flow test:

Only used if no COVID symptoms. If they have symptoms with a negative lateral flow test you can't stop isolating or allow your child to return to school/nursery. A negative PCR is needed.