

### **Safer Internet day- Tuesday 8th February.**

Safer Internet Day is celebrated globally in February each year to promote the safe and positive use of digital technology for children and young people, and to inspire a national conversation about using technology responsibly, respectfully, critically, and creatively. This year's theme will be 'All fun and games? Exploring respect and relationships online'. We will be doing lessons with activities in class and an assembly to encourage online safety. The internet can be a great place to learn new things, keep in touch with friends, and to have fun. Here are some tips to help your children to stay safe and positive online, as well as how everyone can #PlayYourPart in creating a better internet by...

#### Being a kind and respectful friend online

Think about how your actions and words online can make others laugh and smile, instead of feeling hurt or angry.

#### Staying alert to possible dangers

When posting, gaming, or talking to others, keep your personal information safe and do not click on unexpected links. Most importantly, always tell an adult if an online friend asks to meet up.

#### Respecting other people's boundaries

No means no – do not push other people to do something that they're not comfortable with. If someone is pressuring you online, remember that you can always say no and tell an adult you trust.

#### Supporting others to use safety tools.

Lots of games and apps have handy tools like the block or report button that can help you keep yourself and your friends safe. Chat with your friends to make sure everyone knows where these are and how to use them on the games you play together.

#### Speaking up!

There are lots of adults in your life who want to support you in having a safe and enjoyable time when you're online. Always speak to one of them if anyone or anything online makes you or a friend worried, upset or uncom-

### **LEGO Build and Talk**

LEGO® have created Build and Talk to help you chat to your child about digital safety and wellbeing. Firstly, you pick an activity to do and then you read a story, which includes questions and conversation prompts, whilst they build with their LEGO®. This is a great way to start talking about online safety with your child! <https://www.lego.com/en-gb/sustainability/children/buildandtalk/>

Whilst you're there, view their guides on key topics related to online safety <https://www.lego.com/en-gb/sustainability/children/digital-child-safety/> or play Doom the Gloom with your child, which will support them in using the internet safely.

Here are some links to the National Online Safety website for top tips for respecting everyone online and for a more positive atmosphere for your children online.

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