



The Grange Community Junior School

Wren Way
FARNBOROUGH
Hampshire
GU14 8TA

28 June 2022

Sample Parent

Sample Student (Year 1, Samples)

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Email:

adminoffice@grange.hants.sch.uk

Phone: 01252542196

Website:

<http://www.grange.hants.sch.uk>

YR5+6 WELLBEING CLUB

Sep-Dec 2022

Dear Parents/Carers

The Wellbeing Club will be starting again on 14th September 2022 and is open to year 5+6 only. The club will be run by Mrs Elliott-Collier, our PPA teacher, and will run after School on a Wednesday from 3:20 to 4:20pm on the following dates:

14.09.2022 05.10.2022 02.11.2022
21.09.2022 12.10.2022 09.11.2022
28.09.2022 19.10.2022 16.11.2022
HALF TERM 23.11.2022
30.11.2022
07.12.2022

The club offers: mindfulness; guided meditation; circle time; dealing with feelings; journaling; colouring and crafts; exercise; games and activities using the school grounds, nature trail and daily mile track; breathing exercises to help with relaxation and help balance body and mind.

The cost for the twelve sessions is £36.00 in total. If you choose, this can be paid in two installments of £18.00. The first payment made by **5th September 2022**, and the second payment by **1st November 2022**.

ALL children will have to be collected from school at 4:20pm or given permission to walk home.

We do expect children to stick to the club. In the event of your child being unable to attend a session, we ask **PARENTS** to inform the school. No refunds will be given for any child not attending a session. Extended school activities are run for the benefit and enjoyment of all children, therefore, any child who regularly does not comply with the teacher will be asked to leave the club.

As there are a limited number of places for this club, they will be allocated on a first come first served basis. To ensure your child has a place, please complete and submit this form and make a payment to the school office or via SCOPAY **no later than 5th September 2022**.

Yours sincerely

Tracey Gomes

I would like my Child

Child's name

Class

- Swan
 Swift
 Robin
 Wren

Confirm travel arrangements

My child will be

- Collected at 4:20pm
 Walking home by themselves
 Attending After School Care Club

Choice of payment

Please state whether you will make one or two payments

- I will make one payment to the school office or SCOPAY of £36.00
 I will make two payments to the school office or SCOPAY of £18.00

Parental contact number during club

parent contact number

My child has the following medical conditions/food allergies

If your child does not have any medical conditions/food allergies, please put N/A

Medical conditions

I have read the above letter and understand if there is any cause for concern my child will not be allowed to continue with the club.

I hereby confirm that the above information is correct and give permission for my child to attend the Wellbeing Club on WEDNESDAYS at 3:20 - 4:20pm.

Parent/Carer Signature

Please print your name in BLOCK CAPITALS

Parent/Carer name in BLOCK CAPITALS