

Grange Juniors News

Spring Term Newsletter



www.grange.hants.sch.uk

January 2024

Dear Parents

Happy New Year and welcome back to the Spring term. I hope that you all had a lovely Christmas break.

We are almost in February which brings a variety of things for the children to be experiencing including Safer Internet Day, Mental Health Week, Valentines Day and of course the Grange Pancake Race.

We hope that the children will also enjoy spending some time over the half term break working on their project. This half term it is all about mysteries.



PARENT GOVERNOR VACANCY

We currently have a vacancy on our Governing Body for a parent governor. We are really keen to have representatives from our local community (especially any with a finance or health and safety background) on our team. Please take a look at the Hampshire Website or contact the school office for details.

[https://www.hants.gov.uk/educationandlearning/governors/volunteer#:~:text=If%20you%20would%20like%20to,that%20currently%20have%](https://www.hants.gov.uk/educationandlearning/governors/volunteer#:~:text=If%20you%20would%20like%20to,that%20currently%20have%20)

VALENTINES DAY COLOURING COMPETITION

Entries for the Valentine colouring competition must be in school by Monday 5th February. The winners will receive a goodie bag

VALENTINES DAY DISCO

Everyone is invited to the Valentine Disco on 9th February 5.00-6.30pm tickets on sale from the school office.



CHILDREN'S MENTAL HEALTH WEEK



This year the theme is 'My voice matters'. This is about giving children the tools they need to express themselves, because when we feel heard, this can have a positive impact on our wellbeing. Ideas for conversation starters with your child about mental health could be..

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| Tell me about your day | What was the best thing about today? |
| What is the biggest worry in your life right now? | What's your online life like? |
| Who would you talk to if you were feeling worried? | What can I do to help you? |

